

First Aid and the Treatment of Injuries

Guidance for staff and Volunteers

All staff and volunteers must ensure:

- Where practicable all parents of children under 16 have provided relevant permission and information before their child participates in shinty.
- There is an accessible and well-resourced first aid kit at the club house/training facility.
- They are aware of any pre-existing medical conditions, medicines being taken by participants or existing injuries and treatment required.
- Only those with a current, recognised first aid qualification treat injuries. In more serious cases assistance should be obtained from a medically qualified professional as soon as possible.
- A significant incident form is completed if a child sustains a significant injury along with the details of any treatment given. Common sense should be applied when determining which injuries are significant.
- Where possible, access to medical advice and/or assistance is available.
- A child's parents are informed of any injury and action taken as soon as possible.
- The circumstances in which any accidents occur are reviewed to avoid future repetitions.