

MOWI[®] WOMEN'S CUP FINALS DAY

Saturday 6th September 2025, The Eilan, Newtonmore

MOWI[®]
CHALLENGE CUP
Badenoch v Inverness
Throw up 1pm

NATIONAL PRIMARY
GIRLS FINAL (6 aside)
Arran v Kilmallie
Throw up 3pm

MOWI[®]
VALERIE FRASER
CAMANACHD CUP
Badenoch v Lochaber
Throw up 4.05pm



Photo © Neil Paterson

MOWI[®]
CELEBRATING 60th YEARS
of SALMON
EXPERTISE
1965-2025



Peter-Gow.co.uk



MOWI®

Very proud to support Women's Camanachd

Congratulations on reaching the finals. Good luck!



PRESIDENT'S WELCOME

On behalf of the Women's Camanachd Association, I would like to warmly welcome you all to The Eilan in Newtonmore for our 2025 Mowi Cup Finals Day.

Congratulations to all four teams who have made it here today — a repeat of last year's thrilling finals. Your hard work, commitment, and talent have earned you this opportunity, and we're excited to witness another day of top-class shinty.

We would like to express our sincere gratitude to our title sponsor, MOWI, for their continued support. Their sponsorship of the Valerie Fraser and Challenge Cup, as well as our leagues, is vital to the development and success of the women's game.

Special thanks also go to Peter Gow for once again generously sponsoring today's Player of the Match awards.

We are extremely grateful to Newtonmore Camanachd for hosting us for the fourth consecutive year. Your hospitality, efficiency, and enthusiasm make a huge difference — especially to us as volunteers. The pitch is looking fantastic, and we extend our thanks to Rab and Cammy for their meticulous preparation. Thanks also to Peter Ross for providing the parking field, and to the Newtonmore Highland Games Committee for the use of their equipment — your generosity is deeply appreciated. A huge thank you must go to the WCA committee, a small but incredibly dedicated team who have worked tirelessly to make today possible. We're also extremely grateful to our amazing Events Crew and to all of our volunteer officials, including our line judges and goal judges — your contribution is invaluable.

Kicking off today's action is the 16th Mowi Challenge Cup Final, refereed by Keith MacKenzie. We have a repeat of last year's exciting final between Inverness 2nds and Badenoch 2nds.

Congratulations to both sides for reaching the final once again. Inverness will be eager to retain their title, but Badenoch come in strong, currently leading the National League. Inverness sit second in the North

League, and with the new league format, this will be their first meeting this season. Both teams boast impressive semi-final wins and scoring records so expect a fast-paced, game full of goals and grit. Best of luck to both teams!

For the first time, we are proud to introduce the National Primary Girls Final to our Finals Day. We're delighted to welcome Kilmallie, North qualifiers, and Arran, representing the South. It's a fantastic opportunity for these young players to experience the excitement of a National Final and showcase their skills on this special stage. Congratulations to both teams on reaching this historic final — we wish you the very best and hope you enjoy every moment.

Finally, our headline event — the 2025 Mowi Valerie Fraser Cup Final, officiated by Steven MacLachlan. This marks the 21st staging of the Valerie Fraser Final and once again features a repeat of last year's dramatic clash between Lochaber and Badenoch. Congratulations to both teams for reaching the final. This is Badenoch's 7th appearance, and they'll be aiming to lift the cup for the 4th time. Lochaber, making their 4th appearance, will be going for win number three. Last year's final went to extra time and was a true spectacle. If today's match is anything like that, we're in for a treat. Both squads bring strength, experience, and fierce determination. Earlier this season, Lochaber claimed the league points in their only meeting so far. In the semi-finals, Badenoch secured a dominant win over Skye, while Lochaber triumphed over GMA after a nail-biting sudden death penalty shootout. We wish both teams the very best of luck in what promises to be another thrilling final.

To all the players, coaches, officials, and supporters — thank you for being here and for your continued commitment to women's shinty. I hope you all enjoy the occasion and have a fantastic day of sport, camaraderie, and celebration.

Karen Williamson
President

PREVIOUS WINNERS

VALERIE FRASER CUP

2024 – LOCHABER (Runners Up Badenoch)
2023 – SKYE (Runners Up GMA)
2022 – BADENOCH (Runners up Skye)
2020 – 2021 – COVID 19
2019 – SKYE (Runners up Badenoch)
2018 – BADENOCH AND STRATHSPEY (Runners up Skye)
2017 – SKYE (Runners up Lochaber)
2016 – LOCHABER (Runners up Skye)
2015 – GLASGOW MID ARGYLL (Runners up Badenoch)
2014 – GLASGOW MID ARGYLL (Runners up Skye)
2013 – BADENOCH & STRATHSPEY (Runners up GMA)
2012 – ABERDOUR (Runners up Glengarry)
2011 – GLENGARRY (Runners up Aberdour)
2010 – GLENGARRY (Runners up Tir Conaill Harps)
2009 – GLENGARRY (Runners up Tir Conaill Harps)
2008 – TIR CONAILL HARPS (Runners up Glengarry)
2007 – FORTH CAMANACHD (Runners up GMA)
2006 – GLASGOW MID ARGYLL (Runners up Glengarry)
2005 – GLENGARRY (Runners up Edinburgh)
2004 – GLENGARRY (Runners up Kingussie)
2003 – GLASGOW MID ARGYLL (Runners up Glengarry B)
2002 – GLENGARRY (Runners up Kingussie)

CHALLENGE CUP

2024 – INVERNESS (Runners Up Badenoch)
2023 – KINLOCHSHIEL (Runners Up Inverness)
2022 – KINLOCHSHIEL (Runners up Lovat)
2020 – 2021 – COVID 19
2019 – LOVAT (Runners up Inverness)
2018 – GLENURQHART (Runners up Inverness)
2017 – GLENGARRY (Runners up Ardnamurchan)
2016 – LOVAT (Runners up Strathglass)
2015 – GLASGOW MID ARGYLL (Runners up Ardnamurchan)
2014 – STRATHGLASS (Runners up Lovat)
2013 – STRATHGLASS (Runners up GMA)
2012 – LOCHABER (Runners up Strathglass)
2011 – BADENOCH & STRATHSPEY (Runners up Lorn)
2010 – FORTH CAMANACHD (Runners up Strathglass)
2009 – BADENOCH & STRATHSPEY (Runners up Cowal & Bute)
2008 – BADENOCH & STRATHSPEY (Runners up Strathglass)
2007 – STRATHGLASS (Runner up Glasgow Mid Argyll)

PETER GOW

EARN MONEY, SAVE MONEY OR BOTH?

ASK ME HOW...

SPONSORING WOMENS SHINTY SINCE 2002

Peter Gow
.co.uk

MOWI CHALLENGE CUP FINAL

THROW UP 1:00PM

	BADENOCH	INVERNESS	
1	Abbie MacLeod	Nyah Campbell	1
2	Lexi Farquhar	Charlotte Pagett	2
3	Orla Olds	Carolann Innes	3
4	Adele Gow	Jenna Brown	5
5	Jess Nagle	Isla MacNeil	6
6	Catrin MacLeod	Katie Simpson	7
7	Kayla Gow	Orlagh Moran	9
8	Millie Lavin	Kayla Hughes	10
9	Aillie MacLeod	Naomi MacRae	11
10	Laura Mommertz	Katie McMillan	12
11	Sinead Gow	Kamryn Hughes	13
15	Kate McAdam	Rebekah MacLean	16
		Ellie-Louise Hardy	19

Match Referee: Keith MacKenzie

EXTRA TIME & PENALTIES

If the scores are level after 80 minutes, extra time of 10 minutes each way will be played. If scores are level after extra time, a penalty play off will determine the winners.



Badenoch

BADENOCH PLAYER PROFILES

1 Abbie MacLeod – Abbie brings lots to the field. She is a big hitter and a solid goalkeeper. Despite battling injuries earlier this season, Abbie has come back stronger than ever. She's a total gem — chilled, supportive, and never short of a smile.

2 Lexi Farquhar – Lexi is one of the youngsters in the squad. She certainly knows how to take on Dave and Malkys' challenge of making up songs for the bus. Our full forward and half of the "dangerous duo", Lexi has the ability to turn and out run any defender. She is not afraid to take a shot from any angle.

3 Orla Olds – Orla (aka "the skiller") makes up the other half of our "dangerous duo" at half forward. She is another experienced player and certainly is a defenders worst nightmare. Orla never shies away from a solid tackle or a shot on goal but she can't beat her mums pre-match yoga class.

4 Adele Gow – Adele is the oldest of the Gow sisters; a true character and key part of the team. Adele is strong, reliable, and impossible to faze, her composure keeps the defence tidy. We're still waiting for her knee slide after she scores a goal though...

5 Jess Nagle – Vice Captain. Jess is one of our most experienced players and a key part of the squad. She is a strong, tactical and natural defender. Despite playing in defence for the last few years, after returning from her travels around Europe, she seems to have found a new love for midfield and is comfortably on the score sheet.

6 Catrin Macleod – Catrin is a key player in the centre line and her tackles come in with full force. As captain, the pressure's on. Catrin always thrives and keeps her teammates motivated, whether they're on or off the pitch.

7 Kayla Gow – Kayla is the youngest in the squad, age 13, and is the third Gow sister to join the Badenoch second team. Kayla has put in solid performances on the pitch, whether that be upfront or mid field. Kayla certainly causes trouble on the pitch but at least she saves the troublemaking for the bus!

8 Millie Lavin – Millie is a fit, versatile player who adapts to any position on the pitch. Millie reads the game with ease and has the ability to stay composed and hits well off both sides. She's humble and has no time for anyone's nonsense.

9 Ailie Macleod – Ailie is quick on the ball and is never one to back out of a tackle. She's strong physically and even tougher mentally. Thankfully, her singing on the mini bus means she's sticking to shinty!

10 Laura Mommertz – Laura has settled very comfortably into wing centre this season. She is strong in a tackle, but can also turn on the burners and shoot for goal when needed. You can be certain if you see Laura, her sidekick, Kate won't be far behind her!

11 Sinead Gow – Sinead makes up number two of the Gow trio and is another youngster in our squad. Sinead has proved this season that size and age doesn't define strength as she has had some very impressive performances up front. Sinead always battles hard even when her defender is twice her age!

15 Kate McAdam – Kate is a fit and determined member of the team. She's all heart, speedy and brings a passionate force up front—as long as she remembers which goal we're shooting at!

CAPTAIN – CATRIN MACLEOD

I am so proud to be a part of Badenoch Ladies Shinty Club. Leading our squad into the MowI Challenge Cup final for the second consecutive year along with our vice-captain, Jess Nagle is such a privilege. This season all the girls have put in a tremendous effort so that we can be the very best we can and reaching the final again proves it. We are very grateful as a squad to our coaches, Dave and Malky who have pushed us to work as hard as we have this season and also to Rona Stewart, who set the foundations of this current second team. Although we never came away with the cup last year, we have progressed and strengthened as a squad; fitness, shinty and determination. Having played Inverness in the final last year, we know we are up for a challenge, but we look forward and are more than ready for it.

COACHES – DAVID OLDS AND MALCOLM MACLEOD

As we head into this year's MOWI Challenge Cup clash against Inverness, we want to take a moment to reflect on what has been a truly inspiring season with the Badenoch Ladies. To be part of this club is a real privilege. The support, commitment, camaraderie, determination shown over the last few months, amongst all of the players is just incredible. Looking ahead to this match against Inverness, we know we're in for a tough game. They're a strong side with plenty of experience, and also current holders of the Challenge Cup. Therefore, we have nothing but respect for them. We wish them the best of luck and hope that the final at the Eilan is a great example of how Woman's Shinty has developed over the years.



Inverness

INVERNESS PLAYER PROFILES

1 Nyah Campbell – “ND”, goalie under protest and scorer of our “goal of the season” so far ! Over the winter if she puts in the hard yards, we will be looking for a new keeper

2 Charlotte Paget – “Pocket rocket” . Determined terrier who punches well above her weight. Always brings, energy, effort and running power so once she adds goals to those attributes, she will take some stopping

3 Carolann Innes – (Captain) – Founding player of Inverness Ladies, Carolann is a crucial part of the squad who is always available and first to say, “let the young ones play before me”. Brilliant from a team management perspective

5 Jenna Brown – Inexperienced player who has shown a willingness to improve. Hopefully Jenna by 2026 will be holding down a starting spot

6 Isla McNeil – Well-rounded player who has worked hard to reach her current level but has ambitions to keep progressing, test herself against the best and lead her teammates on the pitch

7 Katie Simpson – “Sims” Has covered in defence when we have been short and done well. Mostly used in the midfield for her ability to cover the flank and score the odd goal.

9 Orlagh Moran – One of our midfielders, enjoys getting forward, gained more shooting power this season and carries a goal threat

10 Kayla Hughes – In her twin’s shadow in terms of shinty but showing glimpses of how good she can be when in the “mood” and focused during matches and training 16 Rebekah MacLean – Consistent reliable player, comfortable blocking swings, rarely shows any indication of stress or pain

11 Naomi Macrae – More likely to try and get the ball first, stopping attacks from the outset and has grown a competitive edge this season

12 Katie McMillan – Been sidelined for a few seasons with a serious knee injury. Slowly working her way back physically and mentally to previous levels. Now enjoying being the focal point of the attack and forming a partnership with our other attackers

13 Kamyron Hughes – “Kamy” Steady improvements, progressing into a more rounded team player her contribution to the team isn’t just her goals, but also her hold-up play

19 Ellie-Louise Hardy – Still developing, has plenty time to do that and we have no doubt if she invests more time in her shinty, she will reap the awards (improvement)

CAPTAIN – CAROLANN INNES

We offer our best wishes to the teams contesting the Valerie Fraser and Challenge Cups today. Lasts years Valerie Fraser Cup final was an incredible advert for Ladies shinty, hopefully we see that standard again, as well as, “throwing down” a fair challenge to our opponents today.

COACHES – BRAIN MUTCH/ DREW MCNEIL

The Inverness squad of 2025 is represented by the 12 girls/Ladies today . The task for this 12 is that they carry the efforts of the whole squad’s season and come away better for being involved in the event. It should go without saying that the WCA deserve great credit for today’s “stage” that serves to elevate Ladies Shinty .



KELTIC
SEAFARE

Suppliers of the finest hand-dived scallops, creel caught langoustine, lobsters and crab to premium establishments throughout the UK & Europe



**PROUD SPONSORS
OF INVERNESS
LADIES**

NATIONAL PRIMARY CUP

THROW UP 3:00PM

	KILMALLIE	ARRAN	
2	Isabel MacPhee	Eva Campbell	2
3	Demi-Rose hunter	Connie Watts	3
4	Laurie Cameron	Ruby McArthur (Captain)	4
5	Eilidh Lander	Lucy Napier	6
6	Carley Campbell	Mavis Helliwell	7
11	Charley Kennedy (Captain)	Tia MacKinnon	9
12	Jessica MacNiven	Eirlys Bowen	10
14	Charleigh Roy		

This year marks the introduction of the very first National All-Girls Primary Final. Earlier in the year, the Camanachd Association hosted North and South Girls' 6-a-side tournaments, both of which were extremely well attended by primary schools and clubs.

Building on the success of these events, we decided to add the National Final to our Cup Finals Day, where the two regional champions will go head-to-head to be crowned National Champions.

Representing the South are Arran, while Kilmallie carry the fl ag for the North. We wish all the girls the very best of luck and hope they enjoy the occasion.

This special match will not only highlight the exceptional talent in Under-12 shinty but will also give the girls the opportunity to take centre stage, playing in front of a large crowd. We hope this experience will inspire them to continue in the sport, encourage their peers, and perhaps return one day as Valerie Fraser Cup finalists.

At present, this cup does not have a sponsor. If you are interested in supporting this exciting new competition, please get in touch.



KILMALLIE PLAYER PROFILES

2 Isabel MacPhee – Isabel is passionate about shinty and always plays with a smile. She can always be heard encouraging her team-mates.

3 Demi-Rose Hunter – Demi-rose just keeps improving and always gives her all on the pitch.

4 Laurie Cameron – Laurie's skills grow with her confidence as she develops game after game.

5 Eilidh Lander – Eilidh is going from strength to strength on the pitch and progresses every match. Fantastic team player.

6 Carley Campbell – Carley is passionate about the game and will always give 100%. Always ready to shout encouragement to her team-mates.

11 Charley Kennedy – Captain - Charley has been playing since she started school and is an all-round player giving her all on the pitch. She is determined and will always encourage her team-mates.

12 Jessica MacNiven – Jessica has a steely determination and will fight for every ball. Another player that's all about the team.

14 Charleigh Roy – Charleigh may be newer to the sport than others but is fully committed and never gives up on a challenge.

CAPTAIN – CHARLEY KENNEDY

I'm delighted to be selected as captain for the Kilmallie U12 girls' team. I'd like to thank our coaches for giving up their time for training, matches and tournaments and always giving us encouragement. We are all so happy to be playing here today and being involved in this year's Women's Shinty Final Day. Thanks to the WCA for inviting us to join in on their day and good luck to the Arran Girls team. Thank You.

MANAGER - CERI EWING

I am very grateful to the WCA for promoting primary girls shinty and giving the girls a chance to play at the Women's Showcase Finals Day. Delighted with this year's Kilmallie U12 Girls team, winning the U12 North Girls Tournament, after being runners-up the previous two years. They are a determined group of girls who just love to play shinty, encourage each other, and play as a team. A joy to coach. Thanks very much again for this opportunity.



ARRAN PLAYER PROFILES

2 Eva Campbell – our newest addition and has only played competitively once before. She has taken to it like a duck to water... "I love how fast paced and suspenseful the whole concept of the game is - it really keeps you on your toes!"

3 Connie Watts – also an up and coming player in the local hockey team Connie says... "I love playing shinty because of the thrill of it, the adrenaline rushing through me as I whack the ball up the field! And the feeling when the team scores, knowing we all put effort into that goal, as a team. Shinty is an amazing sport!"

4 Ruby McArthur – Captain– after a few months off due to injury we are delighted to have Ruby back and leading the team as captain today... "I love shinty, it's a non stop action and fun team game"

6 Lucy Napier – started shinty in Glasgow before moving to Arran and is delighted there is a team here now... "shinty is fun, there is more freedom and I love to whack the ball!!!"

7 Mavis Helliwell – also a mad keen footballer... "it's great to be in a team with all your pals and working together for the same goal I also love enjoying hitting things with sticks"

9 Tia MacKinnon – full of energy and has been with the team since the start... "I like that Shinty is so fast moving and that you have to work well with your team in order to win a match."

10 Eirlys Bowen – a fan of all things sporty and a key member of the girls and the mixed team... "loves shinty because it's fast and fun!"

CAPTAIN – RUBY MCARTHUR

I feel very privileged to captain our team as we head into the cup final, a new experience for all of us. Every player has shown dedication and a fighting team spirit. We could not have done any of this without the commitment and encouragement of our team coach Bobby Crowe.

MANAGER - GILLIAN FRAME

We are extremely honoured and excited to be taking part here today. It will be hugely inspiring for us to participate and to watch the other matches and I know we will learn lots. We are a very new club and this is our first year in competitive shinty. I couldn't be prouder of the girls as it is their enthusiasm and hard work that has got them here today. I am so happy that there has been such a positive response to the development of shinty on Arran and I hope we can continue to grow. Best of luck to all the teams today!

Offering a wide range of construction services throughout scotland



Civil
Engineering

Building &
Construction

Plant &
Equipment
Hire

Proud sponsors of
Kilmallie U12 Girls Shinty Team.



MAKING
EVERYTHING
SAFER.

FIRE ALARM SYSTEMS

NURSE CALL SYSTEMS

CCTV

ACCESS CONTROL SYSTEMS

EMERGENCY LIGHTING SYSTEMS

AUTOMATIC DOOR SYSTEMS

logicalarms.com | 01463 783001



MOWI VALERIE FRASER CUP FINAL

THROW UP 4:05PM

	BADENOCH	LOCHABER	
1	Elizabeth McGregor	Joanne Gillanders	1
2	Jeanette McGregor	Brooke Falconer	2
3	Zoe Reid	Amy Disher	3
4	Rhona McIntyre	Eva MacDonald	4
5	Kirsty Grant	Natallie MacDonald	5
6	Mairi Stewart	Leah Maxtone	6
7	Kirsty Deans	Kirsty Campbell	7
8	Ellie Miller	Hannah MacDonald	8
9	Rona Stewart	Missy Howie	9
10	Hope Borthwick	Rebecca Masson	10
11	Sarah Caird	Kira MacDonald	11
14	Rachael Borthwick	Mairi Duncan	12
15	Megan Ralph	Claire Delaney	13
16	Grace Fraser	Katie Loughrey	14
17	Chloe Baikie	Christy Forbes	15
		Elaine Wink	16

Match Referee: **Steven MacLachlan**

EXTRA TIME & PENALTIES

If the scores are level after 80 minutes, extra time of 10 minutes each way will be played. If scores are level after extra time, a penalty play off will determine the winners.



Badenoch

BADENOCH PLAYER PROFILES

1 Elizabeth McGregor – Elizabeth 'Betty' shows her experience in shinty in every game with her ability to read the opposition well. Her razor – sharp reactions have kept her team out of trouble on a number of occasions. Not afraid of a run out from goals, Betty is always prepared to support the team.

2 Jeanette McGregor – Jeanette 'Netty' is a confident and skilful player who is able to challenge her opponents in an attack. She has been a driving force in progressing the Badenoch club, alongside being a threat in the forward line. Netty has a strength for finding the back of the net with a powerful and accurate shot.

3 Zoe Reid – As one of the club's top goal scorers, Zoe has the confidence and ability to take on her defender to create goalscoring opportunities. Zoe works well as part of the forward line, with her experience showing in her movement.

4 Rhona McIntyre – Captain – Rhona has led by example as captain this year. Her fitness and drive makes her a key member of the squad. Rhona is a versatile player who will make a difference in any area of the park.

5 Kirsty Grant – Kirsty has been a consistently strong and powerful defender over the past few seasons. She works well as part of the defensive unit, and supports her teammates in difficult situations. Kirsty's quick thinking and skilful stick work helps start the attacks from the back.

6 Mairi Stewart – Mairi is a quick, strong and determined player, which makes her a tough player to mark. She is a team player who supports her teammates in tackles, or by offering them a passing option. Mairi is often found taking charge of the midfield, but doesn't shy away from making attacking runs.

7 Kirsty Deans – Kirsty is a strong, talented and fast player which makes her a tough player to mark. Her years of experience are clear when she plays, from her close ball control to her ability to read the game well. She is a confident player who provides great amounts of support and communication to her teammates.

8 Ellie Miller – Ellie can be a tough player to keep up with due to her fast pace. She works hard throughout every game,

and is constantly battling with her opponents in challenges or chasing down the ball. Ellie is a ball of energy who gives her all to the team.

9 Rona Stewart – Rona has returned to the squad after 2 seasons due to an injury, and she looks like she has never been away. She is calm under pressure and reads the games well. Rona is a versatile player, who is able to play, and be a threat, in any position on the pitch.

10 Hope Borthwick – Hope is a sharp, skilful and fast player, who is hard to defend against. She is able to both make accurate attacking passes to her team mates and find the back of the net herself. Hope's ability to read the game and find the best outcome is clear throughout matches.

12 Sarah Caird – Sarah is a hard-working player whose commitment to the team is shown week in and out. Sarah battles tirelessly for the full game, and supports her fellow defenders and midfielders throughout. Her knowledge and experience of shinty is clear to see in every game.

14 Rachael Borthwick – Vice Captain – Rachael is a strong and skilful player who is able to take command of the defensive area. Her ability to read the game and communicate with her teammates is second to none. As vice-captain, she supports her teammates on and off the pitch.

15 Megan Ralph – Megan is an attack minded player who can pose a threat from anywhere on the pitch. Her powerful and direct shooting has secured her a place in the forward line this season. Megan's ball control and quick thinking often starts attacks for the team.

16 Grace Fraser – Grace is a confident and knowledgeable player who is able to play in a range of positions. Grace's ability to strike the ball off both sides helps to set up attacks whether she's across the middle or further up the park.

17 Chloe Baikie – Chloe is the youngest member of our squad, but is able to read a game like someone with years of experience. She is a confident and focussed defender who is not fazed by any opposition. Chloe's tackling and determination makes her a hard player to get past.

CAPTAIN – RHONA MCINTYRE

I am honoured to be the captain of Badenoch Ladies for the 2025 Valerie Fraser Camanachd Cup final. As a team we are delighted to have the opportunity to play on the big stage in the final again this year. The girls have been working incredibly hard together throughout every training session and game this season, in preparation for this final game. I am proud of the effort and commitment that every player in our club puts in. Our coach, Neil Reid, has been preparing and motivating us all year to get to this position. As always, we are expecting a challenging, fast paced and competitive game against a strong Lochaber team this year. We are looking forward to an exciting game at the Eilan on the day.

COACH – NEIL REID

On behalf of Badenoch Ladies, we would like to welcome you to the Valerie Fraser Camanachd Cup Final. It is a pleasure to lead the ladies in what is going to be a very tough final. We know that we have a very challenging game ahead, as Lochaber are a very strong side. That said, our girls have worked extremely hard again this year and I am very proud to be at the helm. I would like to take this opportunity to thank the WCA for their hard work on the day and also to Newtonmore Shinty Club for their great pitch and facilities.



Lochaber

LOCHABER PLAYER PROFILES

1 Joanne Gillanders – Very experienced and commands her defence well, Joanne has a great ability to stay calm under pressure as shown in last years final.

2 Brooke Falconer – One of the youngest and best trainers in the squad who has worked hard to earn her place in the team in her second final. She put in a great performance in the semi-final.

3 Amy Disher, Captain – Last years winning captain and leading the team again this season. A real driving force on and off the park for the club. Strong tackler who is always up for a challenge and works hard for the team.

4 Eva MacDonald – Eva is one of our young stars, she has scored her first senior hat trick this year and could play a big part today..

5 Natalie MacDonald – Settled well into her new position in midfield this season - has tirelessly made runs up and down the wing for the team. Great dribbler with the ball, and very skilful.

6 Leah Maxtone – Our fast and skilful forward who can strike a great ball. Scorer of last years winning goal and our current top goal scorer.

7 Kirsty Campbell – Has worked hard to get back into the squad after an injury earlier this season. A determined tackler and good blocker who never gives up.

8 Hannah MacDonald – A powerhouse in our midfield who is a very determined player with great skills and fitness. Player of the match in last years final.

9 Missy Howie – One of our most experienced players who reads the game well with a high skill level. Injury has hampered her season but is back for the final.

10 Rebecca Masson – Our versatile veteran who has played well all over the pitch this season, a highly committed team member who contributes well on and off the park.

11 Kira MacDonald, Vice captain – Seems to keep improving every year and this year is no different. Works tirelessly at the back for the team using her strength and fitness.

12 Mairi Duncan – One of the best players in the womens game, a natural defender but has moved further up the pitch this season to great effect. Scoring a lot of goals and defending from the front.

13 Claire Delaney – A hard working forward who creates chances for herself and others when in play. Uses her reach to good effect and makes life difficult for defenders.

14 Katie Loughray – A new addition to this years squad, Katie has worked hard to earn her place. Works hard in the middle, isn't scared of a tackle and has a strong eye for goal.

15 Christy Forbes – A veteran with a wealth of experience. Christy holds the middle well, is calm under pressure and a great communicator.

16 Elaine Wink – One of the most experienced players in women's shinty, excellent at reading the game. A tough no nonsense defender. Well deserved player of the match in the semi final.

CAPTAIN – AMY DISHER

Very proud to captain the squad in another cup final. We are delighted with last years win and it has spurred us on throughout the season. So far we have had some great performances in the league, but it all comes down to these games. We are aware how big a challenge it will be against Badenoch so all the girls know they need to work hard and perform at their best today.

MANAGER – ANDREW MACDONALD

On behalf of the Lochaber Camanachd Ladies team I would like to thank the W.C.A committee for organising another superb finals day in Newtonmore. We were very proud last year to win the cup in an excellent final against todays opponents Badenoch. The games between these two well matched teams are always hugely competitive .

The Lochaber team has continued from the Cup win last year , having a successful league campaign where we have managed to introduce some new players into the squad along with some positional changes and dedicated training we feel we are well placed to retain the Valerie Fraser Cup in 2025.



www.reidplanthire.co.uk

OWEN REID



07935 372123



owen@reidplanthire.co.uk



www.reidplanthire.co.uk



Kingussie



NEIL REID & SON

Joiners & Building Contractors



Croftside, Market Lane, Kingussie, PH21 1EP

Telephone: 01540 661654

Mobile: 07889 414283 / 07935 372123

Email: neilreidjoiner@hotmail.com

www.reidplanthire.co.uk

Proud Sponsors of Badenoch Ladies

MUIRHALL ENERGY



**Muirhall is an Independent Scottish
Developer of Renewable Energy Projects**

**Proud to Support the WCA in
Growing Women's Shinty by Sponsoring
the 2025 Girls Summer Shinty Camp**

**Currently Developing
Glen Ullinish II Wind Farm**



www.muirhallenergy.co.uk

info@muirhallenergy.co.uk



MACAULAY ASSOCIATION

sponsors of the
Women's Area Representative Matches

HIGHLAND INDUSTRIAL SUPPLIES Ltd.



Branches:

- **DUNDEE** - 119 Clepington Road DD3 7NU
Tel: 01382 454344
- **ELGIN** - Pinefield Industrial Estate IV30 6AG
Tel: 01343 547561
- **FORT WILLIAM** - Ben Nevis Industrial Estate PH13 6PR
Tel: 01397 705159
- **KIRKWALL** - Haston Industrial Estate KW15 1RE
Tel: 01856 874325
- **PERTH** - Inverlornond Industrial Estate PH1 3XU
Tel: 01738 631641
- **TURRIFF** - Markethill Industrial Estate AB53 4AG
Tel: 01888 560375

Specialising in:

- Agriculture & Fencing
- Building supplies
- Fixings
- Ground & Forest Care
- Hand tools
- Hygiene & Catering
- Industrial cleaning
- Ironmongery
- PPE & safety
- Power tools
- Roofing
- Scaffolding
- Sealants & Adhesives
- Welding & Engineering
- Workwear

And so much more!



01463 239160



Sales@histd.co.uk



www.histd.co.uk



36 Seafield Road, Longman Industrial Estate, Inverness, IV1 1SG



Inverness Shinty Academy

Entertaining Children & Delivering Shinty All Year Round

Every Saturday 11.00 - 13.00 @ Bught Park Inverness March to October

Every Saturday 11.00 - 13.00 @ IRA Inverness October to March

***indoors and all-weather**

All abilities welcome

Have fun trying a new sport

Learn new skills

Small sided games

School league games

Girls Festivals

Inter-school competitions

Be part of the fastest growing club in the City of Inverness



SEEKING WCA SPONSORS

The WCA are looking for companies/organisations keen to sponsor future squads/programmes.

We have packages available for all price ranges.

Please get in touch for more information: womens.shinty@gmail.com

Get Involved...

If you would like to join a women's team, try Shinty or are simply looking for more information, please visit our section on the website, www.shinty.com, or the Women's Camanachd Association Facebook/Instagram pages.

Alternatively

contact our Secretary at: womens.shinty@gmail.com.

For development information contact Shinty Development Officer,

Katie Drain, on: katie.drain@shinty.com / 07834 522260.