

marineharvest

WOMEN'S CUP FINALS DAY

Saturday 1st September 2018, The Dell, Kingussie

marineharvest

CHALLENGE CUP

Inverness v Glenurghart

Throw up 1.45pm

marineharvest

VALERIE FRASER

CAMANACHD CUP

**Skye v Badenoch &
Strathspey**

Throw up 4.05 pm

***We Can
Tackle
Anything!***



Photo courtesy of Fiona Walker



**Peter-Gow
.co.uk**





Marine Harvest Scotland



Looking for a career with us?

Find us on Facebook and Twitter
Or download our free app



www.marineharvest.com

 Marine Harvest Scotland

 @MHSScotland

PRESIDENT'S WELCOME

On behalf of the Women's Camanachd Association I would like to congratulate all the teams for making it to this year's finals at The Dell, KIngussie.

In the Valerie Fraser Camanachd Cup this year will showcase the increased fitness and skill level now present in the women's game.

Skye are playing in their fourth final and will be keen to go for another cup and league double to add to their list of achievements .

Badenoch and Strathspey return to the finals after a few years absence. Last time Badenoch & Strathspey were in the finals it was in 2015 where they narrowly lost out to Glasgow Mid Argyll. They have already experienced Cup glory beating Glasgow Mid Argyll in 2013 at Newtonmore.

In the Marine Harvest Challenge Cup it's a completely new line up with Inverness and Glenurquhart having never experienced a final. I am sure both teams will have been training hard and preparing well to rise to the occasion and put on a great display of shinty

Thanks go to all the teams who have competed in the leagues and cups this season. 2018 has seen further growth in the game and the skill level and this bodes well for the future of the game.

We are very grateful to Marine Harvest who sponsor both the Valerie Fraser Camanachd Cup and Challenge Cup. Marine Harvest also

support the Women's Leagues and Development Camp and their generosity is very much appreciated. We are delighted to continue to have the support of Peter Gow sponsoring the Player of the Match Awards for both games.

Grateful thanks goes to Kingussie Camanachd Club for hosting this finals day for the 1st time following the completion of the new stand, pitch side facilities and scoreboard. Their hospitality today and support of the women's game with facilities, pitch and welcoming feeling is exceptional.

As well as the clubs, supporters and sponsors of the women's game I would like to extend a huge thanks to the committee of volunteers that form the WCA. They work tirelessly and quietly away in the background drawing on their valuable expertise to help develop the women's game.

I am extremely grateful for everyone's support which makes my job as president so much easier.

Finally good luck to all the teams involved today. I'm sure they will be very competitive and exciting games worthy of the occasion. There will be great skill and talent on display showing the increased pace of the game. May Women's shinty enjoy a great day at The Dell!

Lisa MacColl

President - Women's Camanachd Association

Get Involved...

If you would like to join a women's team, try shinty or are simply looking for more information, please visit our website, www.womens-shinty.com, or the Women's Camanachd Association Facebook page. Alternatively contact our Secretary at: womens.shinty@gmail.com. For development information contact Shinty Development Officer, Katie Drain, on: katie.drain@shinty.com / 07834 522260.

PREVIOUS WINNERS

VALERIE FRASER CUP

2017 - SKYE (RUNNERS UP LOCHABER)
 2016 - LOCHABER (RUNNERS UP SKYE)
 2015 - GLASGOW MID ARGILL (RUNNERS UP BADENOCH)
 2014 - GLASGOW MID ARGILL (RUNNERS UP - SKYE)
 2013 - BADENOCH & STRATHSPEY (RUNNERS UP - GLASGOW MID ARGILL)
 2012 - ABERDOUR (RUNNERS UP - GLENGARRY)
 2011 - GLENGARRY (RUNNERS UP - ABERDOUR)
 2010 - GLENGARRY (RUNNERS UP - TIR CONAILL HARPS)
 2009 - GLENGARRY (RUNNERS UP - TIR CONAILL HARPS)
 2008 - TIR CONAILL HARPS (RUNNERS UP - GLENGARRY)
 2007 - FORTH CAMANACHD (RUNNERS UP - GLASGOW MID ARGILL)
 2006 - GLASGOW MID ARGILL (RUNNERS UP - GLENGARRY)
 2005 - GLENGARRY (RUNNERS UP - EDINBURGH)
 2004 - GLENGARRY (RUNNERS UP - KINGUSSIE)
 2003 - GLASGOW MID ARGILL (RUNNERS UP - GLENGARRY B)
 2002 - GLENGARRY (RUNNERS UP - KINGUSSIE)

CHALLENGE CUP

2017 - GLENGARRY (RUNNERS UP ARDNAMURCHAN)
 2016 - LOVAT (RUNNERS UP STRATHGLASS)
 2015 - GLASGOW MID ARGILL (RUNNERS UP ARDNAMURCHAN)
 2014 - STRATHGLASS (RUNNERS UP - LOVAT)
 2013 - STRATHGLASS (RUNNERS UP - GLASGOW MID ARGILL)
 2012 LOCHABER
 2011 - BADENOCH & STRATHSPEY
 2010 - FORTH CAMANACHD
 2009 - BADENOCH & STRATHSPEY
 2008 - BADENOCH & STRATHSPEY
 2007 - STRATHGLASS

Player of the Match Sponsor

Peter Gow



I have been saving my Customers Money on their Household bills since 1997.

Get a FREE no obligation Online Quote now for Home Phone / Broadband / Mobile Electricity & Gas

All Services Together on ONE Monthly Bill

Full Details on My Website - www.petergow.co.uk

01463 232484 - peter@gows.go-plus.net

Self Employed Agents required to run Their Own Home Business

MARINE HARVEST CHALLENGE CUP FINAL

THROW UP 1.45PM

INVERNESS

1 Caitlin Mutch
 2 Carolann Innes - Captain
 4 Amber McKay
 5 Claire Johnson
 7 Laura Brandie
 8 Hannah Johnson
 10 Chloe Mutch
 11 Melissa McKay
 12 Ellie Mercer
 13 Emma MacLennan
 14 Elaine Wilkinson
 17 Katie Macmillan
 18 Macy Mercer

GLENURQUHART

1 Laura Stoddart
 6 Kirsty Smith
 7 Iona Pettigrew
 8 Shauna Aris
 9 Amanda MacLennan
 10 Julie Macleod
 11 Hazel Hunter
 12 Donna Mackenzie
 14 Claire Hannon
 15 Chloe Macleod
 16 Siobhan Thomson - Captain
 18 Abi Stoddart
 19 Ishbel Barr

Mascots:

Sarah Pedrana & Elspeth Hunter

Mascots:

Lola MacDonald & Sophie Power

Match Referee: Tina Marshall

EXTRA TIME & PENALTIES

If the scores are level after 70 minutes, extra time of 10 minutes each way will be played. If scores are level after extra time, a penalty play off will determine the winners.

INVERNESS PLAYER PROFILES

1 CAITLIN MUTCH

1st choice goalie for Inverness Ladies, who can also adapt to playing outfield (which she does for the club's reserves), strong player who doesn't get flustered in goals for one so young! Caitlin has also played for North under 14's & 18's and the club's under 17's

2 CAROLANN INNES

Having taken up the game late in life Carolann has now played shinty for 4 years and has been with the ladies from the beginning. This is her 2nd season as captain and enjoying her game. Solid at the back

4 AMBER MCKAY

Our young & athletic wing centre, is an excellent hitter of the ball. She's very enthusiastic & never stops running the entire game & she likes to get her name on the score sheet! Also plays for club's reserves & has played for under 17's

5 CLAIRE JOHNSON

Versatile player, plays in any position asked of her. She brings her enthusiasm back into the team this year after some time off & has been here since the beginning

7 LAURA BRANDIE

Marking her place in defence for this young lady who has lots of energy on/off the pitch! She's learning to read the game well & can often stay calm under the pressures of her position. Plays also for club's under 14's & has played for North under 14's

8 HANNAH JOHNSON

Coming back from injury Hannah can play in any position, she's calm under pressure & likes to score goals, asset to the team. Hannah has played for Snr North & club reserves

10 Chloe Mutch

Chloe is our rock in the centre position, she's a young & very

determined player, she is really growing into her position this season & is taking control. She has also scored a few goals this season. Also plays for under 14's

11 MELISSA MCKAY

Melissa is our other wing centre, she plays with lots of energy and enthusiasm & like her sister never stops running up & down the pitch. She is also a very good goalscorer. Has also played for North under 14's & club reserves

12 ELLIE MERCER

Sisters who both play up front. They have both come through our development team & are now trying to establish themselves in the Ladies team. Macy has been showing her ability to score, but I don't think Ellie is far behind

13 EMMA MACLENNAN

Emma is our full forward, scored a few goals, our joker in the pack! She is quite new to the game, this is her 2nd season of playing shinty & reads the game well

14 ELAINE WILKINSON

Elaine is a very determined, stick player, another of our team who can play in numerous positions & again has been with us from the beginning

17 Katie Macmillan

Our half forward but versatile up front, Katie is a proven goal scorer, always looking for the next one. She's not scared to get involved physically, very determined player

18 Macy Mercer

Sisters who both play up front. They have both come through our development team & are now trying to establish themselves in the Ladies team. Macy has been showing her ability to score, but I don't think Ellie is far behind

INVERNESS CAPTAIN - CAROLANN INNES

We are so excited and humble to make it to our first final, hopefully one of many! We are still a comparatively new team and feeling our way in a very competitive league with some great teams involved, Glenurquhart included. I am so proud of my girls and honoured to be leading our team into this final, we have worked so hard this season and getting to the final is the icing on the cake for us. Our commitment to the team is great and our support for each other is starting to show on the pitch. Whether we win or lose, needless to say there will be a few nerves but we will be all out to enjoy our day and are very determined to bring this cup back to Inverness. Thanks to all those who have made this possible and to our supporters on the day, let's have a lot of vocal support and enjoy the game!

GRAHAM MCKAY - COACH/MANAGER

Great to see two new teams in the Final and good to see the growth in women's shinty, so we must all be doing something right! As for us being one of the youngest sides in the league and currently enjoying our third season in north Division 2, the players are growing with confidence and ability in each game. I'm immensely proud of the girls, from our more established players to our younger ones coming through the team. Our future is looking bright especially if you play in red and white! As manager I would like to thank all the coaches past and present, the parental support of our younger members, our two mascots and of course the players for getting us here.



GLENURQUHART PLAYER PROFILES

LAURA STODDART

A mobile keeper, confident to come out of goals and take on the tackle. Laura has made huge improvements with her bye hits. Laura can take a great deal of pride from the progress the Glen have made since she started between the sticks last season.

KIRSTY SMITH

A natural player with dependable instincts, Kirsty reads the game well and works hard throughout the game. She is resourceful and committed to ensuring that she and the team perform to the best of their ability.

IONA PETTIGREW

This lefty player will be tricky to mark. She has missed a lot of game time this season due to weekend work but is now back with the squad. Iona is skilled at tight passing and will help work the ball up and down the park, creating chances and running back to defend.

SHAUNA ARIS

Although young, Shauna is an impressively strong player. With her feet over the ball Shauna has good timing and is commanding during tackles. She works hard, and takes on each challenge with undaunted intent.

AMANDA MACLENNAN

Although only starting shinty last season, Amanda has quickly become a versatile player. Her stickwork and movement have come on leaps and bounds - add that to her strength and you will see a talented performer. She will work hard, never giving up on a ball or opportunity.

JULIE MACLEOD

Julie reads the game well, making important tackles and never giving up. She has a great character and truly supports her teammates on and off the pitch. With a growing family Julie only recently freed up enough time to play the game and seems to have caught the bug.

HAZEL HUNTER

Represented north many times and picked for the Scotland Development Squad, she is a prolific goal scorer. With a

neat turn and classy moves Hazel's talent shines through in her stickwork. She is sure to get a headstart on her opposition with her rapid acceleration, and so should have time to aim.

DONNA MACKENZIE

Having played in the Scotland Development Squad, Scottish Universities Shinty and representing the North for numerous years Donna's experience and control will be vital. Donna is a strong and talented all rounder with brilliantly weighted passes, a good attitude and clever play.

CLAIRE HANNON

Claire is also an outstanding Gaelic footballer in her native Ireland. Her fitness is unparalleled. Her unique style and relentless running make her a challenge to mark. With a keen eye for goal.

CHLOE MACLEOD

Chloe is a technically skilful player. Her instincts, tidy stick-work and equally big hitting will be vital to the squad. She will link well throughout the team with a fantastic understanding of the game.

SIOBHAN THOMSON

As well as being team Captain, Siobhan is an immovable defender and a full back always sure to get the tackle in and stop the ball. This defender will be sure to cause her opponents a headache.

ABI STODDART

Captained the North U14s to victory previously, Abi is sure to rise to the occasion of a final. She is dominant in the breakdown and with a neat touch and a growing hunger for goals Abi is a significant asset to the team.

ISHBEL BARR

A hard trainer with dedication to the club Ishbel works tirelessly throughout games and is committed to supporting those around her. Adaptable, resourceful, keen to learn and makes a significant contribution to the outcome of any game.

GLENURQUHART CAPTAIN - SIOBHAN THOMPSON

Having been in the Glenurquhart women's team from the start, I have seen the hard work these girls have put into getting to where they are today. Our first year we were beaten with big margins by many established teams but by the middle of last year we started to find our feet, culminating in a win against an unbeaten Lochaber at the end of the season, in a team with no subs. Glen Urquhart seem to come into their own when they are up against it, so I am hoping we will rise to the occasion and show what we can do in this final. Which ever way it goes I think the team have performed brilliantly to get to the final of the cup and it's been a privilege to be captain to them in their successes this year.

Glenurquhart are a young team, engaging and dynamic to watch with a variety of talent and experience throughout. Glenurquhart prides itself on being an open and welcoming club with a wealth of opportunities offered to all players regardless of gender, age or experience. We anticipate that this will be a close, exciting final to watch, and predict that it will showcase the depth in Women's shinty. We hope to go out and do our community, club and sponsors proud. Demonstrating the core values of the club and taking on the challenge of our first cup final. So keep your fingers crossed, and cheer on Red and Black...

HAZEL HUNTER MANAGER



Good Luck Inverness Ladies Team!

Shinty/Shop.com

tel: 01456 459008
email: sales@shintyshop.com

Teamwear	Shinty Sticks
Shinty Balls	Leisurewear
Helmets & Guards	Gifts

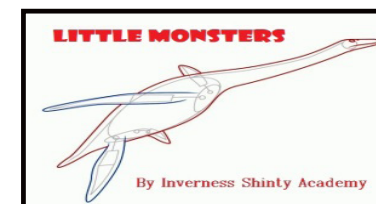
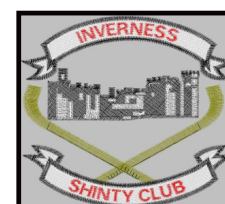
In association with and Sponsored by MacDonald Hotels and Resorts

Inverness Shinty Academy

Entertaining children across Inverness

Today we all come together at the Dell to support our Inverness Ladies v Glenurquhart Ladies on a historic day where we wish both teams well, expect to be entertained by the skills and endeavor on show, hope that the trophy ends garnished with red and white ribbons but know in advance who the winner is ?

SHINTY !!



Macauley Association

sponsors of the Women's North v South Matches



WCA International Sponsors

Loch Ness Nessie Shop

@ Loch Ness Clansman Hotel

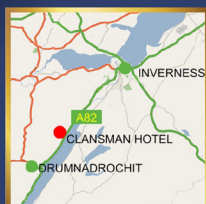
Tel: 01456 450743

Loch Ness Clansman Hotel

Loch Ness-side

Near Inverness

IV3 8AU



9 miles from Inverness
5 miles from Drumnadrochit



- Free Car & Coach Parking
- Open All Year
- Coffee Shop
- Hourly Boat Trips On Site
- Large Range of Malt Whiskies
- Tax Free Shopping



**Extensive Range of Gifts
at Very Competitive Prices**

VALERIE FRASER CUP FINAL

THROW UP 4.05PM

	SKYE	BADENOCH & STRATHSPEY	
1	Sarah Jane Ferguson	Elizabeth McGregor	1
3	Christina MacDonald	Kirsty Deans	2
7	Isabelle Law	Zoe Reid	3
8	Caitlin MacLean	Rhona McIntyre	4
9	Jenna Beaton	Mairi Stewart - Captain	5
10	Ilana Paterson	Jeanette McGregor	6
11	Helen Lamond	Rona Stewart	9
14	Emma Gordon	Sarah Caird	12
17	Lorna MacRae - Captain	Megan Ralph	15
19	Rhianna Kirk	Roma Fraser	16
5	Sarah Corrigall	Katie Falconer	8
12	Kirsty Dibble	Natasha Andean	10
20	Shannon MacDonald	Eilidh Ross	11
21	Katherine Dibble	Klaudia Ordys	13

Mascots:

Grace MacLean and Calum MacLean

Mascots:

Lexi & Coby Farquhar

Match Referee: **Des McNulty**

EXTRA TIME & PENALTIES

If the scores are level after 80 minutes, extra time of 10 minutes each way will be played. If scores are level after extra time, a penalty play off will determine the winners.

SKYE LADIES PLAYER PROFILES

SARAH JANE FERGUSON

SJ has picked up where she left off last season with good solid performances on the park. She is as cool as ever and never seems under pressure between the posts, a good confidence boost for her defence

CHRISTINA MACDONALD

Didi has had another great season at the back for Skye. She has shown why she is a key figure in the Skye defence. She is fast becoming one of our most experienced players and is still only young. Her experience has shone through this year with solid performances all season

ISABELLE LAW

Izzy is as keen as ever and works tirelessly in the centre of the park. She has had some of her best games this season and works hard for her team mates

CAITLIN MACLEAN

Caitlin has been playing some of her best shinty this year. She has played up front for Skye this season to great affect showing great skill and finishing power in front of the goals

JENNA BEATON

Jenna is one of our more experienced players and has used that experience on the park this season scoring some of her best goals. Always hard working and a great role model for the younger players

ILANA PATERSON

Ilana has had another great season at wing centre and is enjoying her role as Vice Captain. Ilana puts everything into her shinty and it really shows on the park. She is happy to do the miles on the wing to help her team mates in defence or upfront

HELEN LAMOND

Helen has been playing at the back this season and has slotted into the Skye defence with ease. Still playing her own brand of strong classy shinty

EMMA GORDON

Emma has become a regular at the back for Skye this season and seems to be relishing the challenge. Always vocal on the park and can be heard by her team mates in every corner of the park

LORNA MACRAE

Captain - Lorna, Skye's Captain has led her team to great success in the last year and she is still as hungry as ever to win games. A big goal threat to any team with her fast pace and powerful hitting she has produced some outstanding performances this season

RHIANNA KIRK

Rhianna has shown again, what hard work and dedication can achieve with a fitness level that seems endless and coupled with a never say die attitude she is a real force to be reckoned with in the centre of the park

SARAH CORRIGALL

Sarah is enjoying her shinty this season and it shows on the park with some game changing performances and goals. Another great role model for all the Ladies. She is happy to play wherever her team need her

KIRSTY DIBBLE

Kirsty has continued to show why she is a regular in the Skye centre line, playing this season with rear determination and strength on the ball. She gives as good as she gets and then some

SHANNON MACDONALD

Shannon has re-joined the team after a short absence from the game. A great character with a great attitude we are glad to have her back in the squad and are looking forward to seeing her in action again

KATHERINE DIBBLE

Dibbs has enjoyed her roll at the back this season and is turning out to be a great defender for us. She is cool under pressure and has slotted into her roll with some great performances this season

CAPTAIN – LORNA MACRAE

Delighted to be Captain again this year and more so to be leading the girls into another Valerie Fraser Cup Final. After taking the cup home last year the hard work did not stop. We have been training hard and trying to get in as many games as possible in the lead up to the final. Obviously getting into the final without playing a single game has been a real let down for us but we as a team have put that behind us and are now looking forward to the final which I do not doubt will be a very end to end game.

MANAGER – ROBBIE GORDON

Skye's "Road to the Final" has not been great for us as it is hard to build momentum and spirit when you are not getting games. I am very lucky in the group of players I have as they are all committed and enthusiastic about the game and the spirit in which it should be played. We were fortunate to lift the cup last year with a great performance against a very strong opposition. We are keen to prove that we were worthy winners and this is what we will draw on for the game ahead. The ladies train hard and we will do our best to be ready for what we know will be a very competitive match. It is up to us to focus on the game and play our shinty to the best of our ability. If we can do that then we will be a hard team to beat



BADENOCH & STRATHSPEY

ELIZABETH MCGREGOR

Betty' is a great shot stopper, had a rare appearance in the forward line and scored and we haven't heard the end of it since.

KIRSTY DEANS

Reported MIA 2 months ago after not turning up to an S Club 7 meet & greet. A strong addition to the team who is known for her slick skills on the ball.

ZOE REID

Dangerous forward that is quick and a strong dribbler. Hoping the weather holds up as she hosts her annual garden party.

RHONA MCINTYRE

If she's not on holiday you'll find her scoring in the remaining seconds of games. Rhona is a danger on the wing and can hold her own in midfield.

MAIRI STEWART

This year's captain can be found running up and down the wing. Mairi has great pace and knows all the words to high school musical. Terrible singer though.

JEANETTE MCGREGOR

The fastest member of the team, who has a strong hit from both hands.

RONA STEWART

Notorious for singing the wrong lyrics and shintys best action faces caught on camera. Rona is one of the quickest on the team who has mastered the art of telepathy with her sister.

SARAH CAIRD

A tenacious player who gives you no time on the ball. Likes to compete in the action face competition with Rona. Lexi won't let her hang up her boots.

MEGAN RALPH

An incredible player who always finds the net. Megan is a strong hitter and runs for days. If you can't find her scoring you'll find her down the Dell on a Saturday with her red and blue scarf.

ROMA FRASER

A young player who stands out as a real talent. Roma is a quick, tactical player and if shes anything like her father she'll be influencing the game for the next 30 years.

KATIE FALCONER

Once spent 8 weeks in line for an Ed Sheeran concert. A solid versatile defender who has proven she's got a fantastic strike.

NATASHA ANDEAN

A strong player who can hold the ball up well. Rivals Scotty for the most talkative at the club. Moved to Aberdeen to avoid training.

EILIDH ROSS

A skilled forward with a sharp eye for the goals. She'll be hoping not to swing herself of her feet in this match.

KLAUDIA ORDYS

A determined, quick forward who improves game after game. Klaudia is not to be underestimated as she puts her all into everything.

CAPTAINS - MAIRI STEWART

From the start of the season I have been very optimistic that Badnoch would be in with a chance of reaching the Valerie Fraser cup final 2018, with our new coach Scott Campbell taking over and assistant coach Iain Robinson joining later. I am delighted that we have reached the Valerie Fraser cup final this season. We have been working hard to prepare for the big game, although we are trying to keep it as normal as possible like any other game. It will be a tough game against Skye, as any cup final is but I am very optimistic that if we play to the best of our ability as a team then we will come away with a good result. Skye are always a great team to play and we are all looking forward to the challenging game ahead.

COACHES BLURB - SCOTT CAMPBELL

On behalf of Badnoch and Strathspey Ladies shinty club I would just like to say that we are absolutely delighted to be competing in the 2018 Valerie Fraser Camanachd Cup Final. It has been very much at the heart of our campaign this season to give ourselves a real chance of featuring in this particular fixture. The journey has been far from easy, with Aberdour and Lochaber both proving serious opposition en route. We have worked hard in our preparation for today's game but we are under no illusions, we are up against the most consistent and formidable team in the women's game at present. We would just like to take the opportunity to wish Skye Camanachd ladies the very best of luck and may the best team win.

JEWSON

PORTREE, ISLE OF SKYE

PROUD SPONSORS
OF
SKYE CAMANACHD
LADIES

**Wishing our girls
all the very best in the
2018 Valerie Fraser Cup Final**

Dunvegan Road, Portree, Isle of Skye. Tel - 01478 613222

PosterMyWall.com

Reid Plant Hire



Mob: 079353 72123 / 07889 414283 Tel: 01540 661654

Email: neilreidplanthire@hotmail.co.uk

**From the smallest to largest jobs, we have the
tools and plant to cover your every need.**



Just some of the plant available for hire:

We're open 7 days a week

- **Forklifts and long arm lifting solutions**
- **Diggers (Micro to Large to suit your needs)**
- **Cement Mixers Bar O-mix (towable)**
- **Tower Scaffold & Cuplock Scaffold**
- **Huge range of small tools available**



Our customers are from the DIY enthusiast to civil engineering and building firms, covering the Highlands of Scotland. We also provide a delivery service, please contact us for details of our delivery and hire charges.



WOMEN'S CAMANACHD

CAMANACHD NAM BAN

SEEKING WCA SPONSORS

The WCA are looking for companies/organisations keen to sponsor future squads/programmes. We have packages available for all price ranges. Please get in touch for more information. [**womens.shinty@gmail.com**](mailto:womens.shinty@gmail.com)

Get Involved...

If you would like to join a women's team, try shinty or are simply looking for more information, please visit our website, [**www.womens-shinty.com**](http://www.womens-shinty.com), or the Women's Camanachd Association Facebook page. Alternatively contact our Secretary at: [**womens.shinty@gmail.com**](mailto:womens.shinty@gmail.com).

For development information contact Shinty Development Officer, Katie Drain, on: [**katie.drain@shinty.com**](mailto:katie.drain@shinty.com) / **07834 522260**.