

MOWI® WOMEN'S CUP FINALS DAY

Saturday 3rd September 2022, The Eilan, Newtonmore

**MOWI®
CHALLENGE CUP**
Kinlochshiel v Lovat
Throw up 1.45pm

**MOWI®
VALERIE FRASER,
CAMANACHD CUP**
Badenoch v Skye
Throw up 4.05pm

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Anything!***

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PRESIDENT'S WELCOME

On behalf of the Women's Camanachd Association I would like to congratulate all the teams for making it to this year's finals as we return to The Eilan, Newtonmore.

In 2019 the Valerie Fraser Camanachd saw a thrilling display of shinty with record crowds as well as being televised live. The game and occasion certainly lived up to the hype. It was a game of incredible skill, fitness and finishing.

Skye are playing in their sixth final and fifth in a row. 2019 was to be their year again as they beat Badenoch in a 14 goal thriller. There has been several changes in the team since 2019, including management but after rebuilding they are a club who have the fitness, skill and determination to step up to the plate and look for their third win of this prestigious trophy.

Badenoch return to The Eilan where they first won the title in 2013. However, it was Skye who put a halt to their third win on the trot and the girls from Badenoch will be looking to bring the trophy back to the spey valley. The Badenoch squad now have a huge player base and great camaraderie on and off the park. This comes from a great squad ethos and strong coaching team. The result is a team who are definitely on the up.

Both teams have talented players in abundance and promising youngsters coming through their ranks. This is evident in their battles for the last few years and its set to be another great game.

In the Challenge Cup, Kinlochshiel make their debut in a women's senior final. They are a relatively new women's team who have eyes on going places. Lovat return to the final for the fourth time having last played and won in 2019 and 2016. They bring experience, composure and precision finishing in front of goals.

I am sure both teams will have been training hard and preparing well to rise to the occasion and put on an excellent display of shinty.

Thanks go to all the teams who have competed in the leagues and cups this season. 2020 to 2022 has been

a difficult and challenging time for us all. The effects have rocked clubs both on and off the field. Clubs and their volunteers have worked tirelessly to get back to playing the game we all love. There is still help and support required. We hope 2022 will be our biggest day out yet!

We are very grateful to Mowi who sponsor both the Valerie Fraser Camanachd Cup and Challenge Cup. Mowi also support the Women's Leagues and Development Camp and their generosity is very much appreciated. We are delighted to continue to have the support of Peter Gow sponsoring the Player of the Match Awards for both games.

Grateful thanks go to Newtonmore Camanachd Club for hosting this finals day for the first time since 2013. Its a venue the WCA always feel incredibly welcome at, the superb pitch maintained by Rob and his team, the areas available around the park for activities, adjacent parking thanks to Peter Ross, and now a 2nd pitch add greatly to this facility. The hospitality and support to the women's game is exceptional.

Thanks also go to Newtonmore Highland games for the very kind use of signs, tables and chairs and the PA system.

As well as the clubs, supporters and sponsors of the women's game I would like to extend a huge thanks to the committee of volunteers that form the WCA. They work tirelessly and quietly away in the background drawing on their valuable expertise to help develop the women's game. I am grateful for everyone's support which makes my job as President so much easier.

Finally, good luck to all the teams involved today. I'm sure they will be very competitive and exciting games worthy of the occasion. Many of you will be blown away by the level of skill and fitness on display in the current game. May Women's Shinty enjoy a great day at The Eilan!

Lisa MacColl

President - Women's Camanachd Association

Get Involved...

If you would like to join a women's team, try Shinty or are simply looking for more information, please visit our section on the website, www.shinty.com, or the Women's Camanachd Association Facebook page. Alternatively contact our Secretary at:

womens.shinty@gmail.com.

For development information contact Shinty Development Officer, Katie Drain, on: **katie.drain@shinty.com / 07834 522260.**

PREVIOUS WINNERS

VALERIE FRASER CUP

2019 – SKYE (RUNNERS UP BADENOCH)
 2018 – BADENOCH AND STRATHSPEY (RUNNERS UP SKYE)
 2017 – SKYE (RUNNERS UP LOCHABER)
 2016 – LOCHABER (RUNNERS UP SKYE)
 2015 – GLASGOW MID ARGYLL (RUNNERS UP BADENOCH)
 2014 – GLASGOW MID ARGYLL (RUNNERS UP - SKYE)
 2013 – BADENOCH & STRATHSPEY (RUNNERS UP - GLASGOW MID ARGYLL)
 2012 – ABERDOUR (RUNNERS UP - GLENGARRY)
 2011 – GLENGARRY (RUNNERS UP - ABERDOUR)
 2010 – GLENGARRY (RUNNERS UP - TIR CONAILL HARPS)
 2009 – GLENGARRY (RUNNERS UP - TIR CONAILL HARPS)
 2008 – TIR CONAILL HARPS (RUNNERS UP - GLENGARRY)
 2007 – FORTH CAMANACHD (RUNNERS UP - GLASGOW MID ARGYLL)
 2006 – GLASGOW MID ARGYLL (RUNNERS UP - GLENGARRY)
 2005 – GLENGARRY (RUNNERS UP - EDINBURGH)
 2004 – GLENGARRY (RUNNERS UP - KINGUSSIE)
 2003 – GLASGOW MID ARGYLL (RUNNERS UP - GLENGARRY B)
 2002 – GLENGARRY (RUNNERS UP - KINGUSSIE)

CHALLENGE CUP

2019 – LOVAT (RUNNERS UP INVERNESS)
 2018 – GLENURQHART (RUNNERS UP INVERNESS)
 2017 – GLENGARRY (RUNNERS UP ARDNAMURCHAN)
 2016 – LOVAT (RUNNERS UP STRATHGLASS)
 2015 – GLASGOW MID ARGYLL (RUNNERS UP ARDNAMURCHAN)
 2014 – STRATHGLASS (RUNNERS UP - LOVAT)
 2013 – STRATHGLASS (RUNNERS UP - GLASGOW MID ARGYLL)
 2012 – LOCHABER
 2011 – BADENOCH & STRATHSPEY
 2010 – FORTH CAMANACHD
 2009 – BADENOCH & STRATHSPEY
 2008 – BADENOCH & STRATHSPEY
 2007 – STRATHGLASS

MOWI CHALLENGE CUP FINAL

THROW UP 1.45PM

KINLOCHSHIEL		LOVAT	
1	Kristen MacBeth	Carrie Rennie	1
2	Maree Mackenzie (Captain)	Evie Stubbs	2
3	Alaina MacLennan	Katie Mackinnon	3
4	Tegan Bruce	Holly Cameron.	4
5	Beth Murphy	Ruby Fraser (Captain)	5
6	Laura MacLeod	Yvonne Stoddart.	6
7	Lorna MacRae	Jane Moodie	7
10	Lexie MacKenzie	Chloe Macmillan	8
9	Eilidh MacInnes	Jennifer Mair	10
8	Poppy Glasgow	Fiona Urquhart	11
11	Effie MacLean	Maisie Rennie	12
12	Niamh Morrison	Alex Farquharson	13
13	Emma Gordon	Rowan Brockie	14
14	Sandra Macrae		

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Match Referee : Ian Kennedy

EXTRA TIME & PENALTIES

If the scores are level after 70 minutes, extra time of 10 minutes each way will be played. If scores are level after extra time, a penalty play off will determine the winners.



KINLOCHSHIEL PLAYER PROFILES

1. Kristen MacBeth – Quick reactions and a cool head, Kristen has proved invaluable for Shiel Ladies. A skilful outfield player, her ability to pull off heart stopping saves means she's often kept between the posts.

2. Maree Mackenzie – Maree rose through Kinlochshiel's youth ranks, she played U14 and U17 shinty and was selected to play in U14 North Squad. Always a reliable defender her strength and skill make her a stand out.

3. Alaina MacLennan – Alaina's, talent and ability equally her dedication and commitment. Always gives everything for the team and her extraordinary levels of fitness make her a force that always battles to the very end.

4. Tegan Bruce – Tegan is a strong youngster who has really benefitted from playing a full season. A dedicated trainer she relishes match days and always gives her all.

5. Beth Murphy – Beth has been with the team from the beginning. Trained in Loch Carron from a young age, her height and strike make her an unmissable presence in the centre line. Given the space and time she happily scores from midfield.

6. Laura MacLeod – At only 20 Laura is one of the oldest members of the team. Her experience and wisdom make her someone the girls always listen to for coaching advice. She reads the game very well.

7. Lorna MacRae – Someone who needs little introduction. An international superstar of the women's sport. It goes without saying, Lorna's experience, energy, and deadly aim brings an enormous boost to the whole team.

10. Lexie MacKenzie – Lexie hails from renowned Loch Carron shinty stock. Given her talent, skill and pace it's hard to believe she's only 14. With a bright future ahead of her, make no mistake, her ambition is to reach the very top!

9. Eilidh MacInnes – Eilidh also started playing shinty as a youngster in Loch Carron. She's been with us from the very beginning. Don't be fooled by her slight frame, she's quick and tough and won't miss an opportunity to score.

8. Poppy Glasgow – This is Poppy's first full season playing shinty. Her athleticism and attitude mean she works tirelessly in midfield or upfront to chase down any ball and give her all for the team.

11. Effie MacLean – Effie is fit, strong and with a great strike. She is versatile and could play in any position on the Mackenzie Park. It's been great to watch her develop into the player she is now.

12. Niamh Morrison – This is Niamh's first season with the ladies. She plays at U14 level for Shiel and has shown herself to be a strong, tough and skilful player in midfield. Another youngster with a bright future ahead of her.

13. Emma Gordon – An international and former player of the year who is strong and reliable in all areas of the pitch. With her great knowledge and leadership, she is able to coach the girls and advance their development. Emma has had to step back from playing for the rest of this season.

14. Sandra Macrae – As well as playing a vital and pivotal role behind the scenes for Shiel Ladies, Sandra is a strong, dedicated player who never gives up. She is hugely encouraging and supportive to all the girls. The KLS ladies shinty Mum.

KINLOCHSHIEL CAPTAIN - MAREE MACKENZIE

Taking the captain's armband from Emma Gordon and leading the Kinlochshiel ladies' team into their first cup final is really exciting. Although I'm pretty nervous, I'm really looking forward to the game. We've got such a great team and I know they'll give their all on the day. There's no doubt that overcoming Lovat will be a big challenge, but we're all up to it and I hope it'll be a good game of shinty.

ALEX MACINNES- MANAGER

It's an absolute privilege to lead the KLS Ladies shinty team into their 1st Challenge Cup Final. Helping me to lead the team this season and this final I am blessed to be working with Ali Nixon, Martin Macrae & not forgetting Sandra Macrae who all bring their own skill sets and dedication to the team that is so vital today as the ladies' game has come along way since I began as an enthusiastic father on the side-lines supporting my daughter. The WCA shinty space is an exciting place to be today with so many highly skilled players, coaches and a next generation that will ensure that the future will be very bright for years to come.



LOVAT PLAYER PROFILES

1. Carrie Rennie. Carrie has taken a firm hold of the Goal Keeper position since she started playing in 2019. She has gained confidence and has pulled off some great saves throughout season.

2. Evie Stubbs. Evie has been a regular starter in the team since she moved to club at the start of the season. She is becoming a very strong defender, and is also part of our U17s

3. Katie Mackinnon. Katie has been progressing very well in our team and is becoming a skilful midfielder. She is also part of our U17s.

4. Holly Cameron. Holly is our powerhouse in the team, her physical and fitness levels are immense. She is also a very skilful play

5. Ruby Fraser (Captain). Ruby is becoming a very talented midfielder within the squad and has earned the Captaincy this season. She is also another of our U17 players.

6. Yvonne Stoddart. Vonnice has come back into our squad lately and has showed herself very well, she has good fitness levels and always gives 100%.

7. Jane Moodie. Jane hasn't played as much as she would've liked this season, due to work and football commitments, but she has showed that she is an important player for us. She has good fitness levels and is a strong player.

8. Chloe Macmillan. Chloe is performing well and linking up the play in the forward line. She has contributed well and has scored a few too.

10. Jennifer Mair. Jen has been around the squad for a number of years now and is always committed and gives everything. She has also contributed with goals this season.

11. Fiona Urquhart. Fiona has been our biggest threat now for a number of years. She is very skilful and has a deadly eye for goal, which results in her scoring high numbers every season.

12. Maisie Rennie. Maisie is showing great signs in our development squad as well as our U14s. She is an up and coming talent for us and we look forward to seeing her progress with help of playing with our experienced girls.

13. Alex Farquharson. Alex has come into our squad this season. She has showed us that she is very strong, always give her all in games and holds the ball well up front, which allows others around her to create chances.

14. Rowan Brockie. Rowan is another up and coming talent for us to see flourish within our squad. She is also a big part in our development and U14s. She is becoming very strong and skilful.

LOVAT CAPTAIN - RUBY FRASER

It has been a real honour to be captain of Lovat ladies team, the girls have worked so hard this season on their fitness & skills and it's paid dividends.

I hope we can keep it going and get the 70 minutes of the final done with another win. Raymond Rennie our manager has been a great influence and is always encouraging us to keep going and to work to the final whistle.

TEAM MANAGER - RAYMOND RENNIE

It has been a real privilege to take over as manager this season after having helped out with development squads over last couple seasons. The Girls have showed throughout the season that they deserve to be in the Final. They always give everything in games that I have asked.



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MOWI® Valerie Fraser Cup Final

THROW UP 4.05PM

	BADENOCH	SKYE	
1	Elizabeth McGregor	Sarah-Jane Ferguson	1
2	Jeanette McGregor	Leah MacLeod	2
3	Zoe Reid	Christina 'Didi' MacDonald	3
4	Rhona McIntyre	Ruby MacLeod	4
5	Kirsty Grant	Donna MacKenzie	5
6	Mairi Stewart	Holly MacLean	6
7	Kirsty Deans	Lexy MacLeod	7
8	Ellie Miller	Caitlin MacLean (Captain)	8
9	Rona Stewart	Jenna Beaton	9
10	Hope Borthwick	Ilana Paterson	10
11	Eilidh Ross	Catherine Robertson	11
12	Sarah Caird	Sadie MacDonald	14
15	Megan Ralph	Teri MacLeod	15
16	Grace Fraser	Rhianna Kirk (Vice Captain)	19
17	Chloe Baikie	Molly Mackinnon	21

Match Referee : **Ian Kennedy**

EXTRA TIME & PENALTIES

If the scores are level after 80 minutes, extra time of 10 minutes each way will be played. If scores are level after extra time, a penalty play off will determine the winners.



BADENOCH LADIES PLAYER PROFILES

1. Elizabeth McGregor - Elizabeth is as cool as a cucumber. Elizabeth's eye for the ball and quick reactions limits opportunities for opposition goals. The team have 100% confidence in her ability even though she sometimes takes an age to clear the ball.

2. Jeanette McGregor - Jeanette is a versatile, skilful and experienced player. She is great at reading the game and has played in defence and the forward line this season.

3. Zoe Reid - Zoe is a strong, quick and determined player who has a good eye for goal. Her quick swing and powerful running makes her a tricky player to deal with.

4. Rhona McIntyre - Rhona is a fit, calm and composed player who controls the game from midfield. Rhona loves a run in the forward line and often pops up with a last minute winner.

5. Kirsty Grant - Kirsty is one of the younger members of the squad but has slotted into the defensive unit well. If Kirsty's time keeping on the day of the final is as strong as her hitting, she will hopefully make the game on time.

6. Mairi Stewart - Mairi is the quickest member of the team. Mairi never gives up and is relentless in supplying the forward line with the ball as well as supporting defence.

7. Kirsty Deans - Kirsty is an intelligent and skilful player who is a nightmare for any defender. Kirsty has scored 33 goals, and counting, this season. Kirsty will be a vital member of the forward line today.

8. Ellie Miller - Ellie is lightning quick and is not shy of a tackle. Ellie makes a great midfielder and will wrestle for every ball with sheer determination.

9. Rona Stewart - Rona, aka the blocking queen, is an experienced and versatile player who is very influential in both her defensive and midfield positions.

10. Hope Borthwick - A natural leftie who's not afraid to take on any player. Hope has had some great games in the midfield and forward line this season.

11. Eilidh Ross - Eilidh is a strong and determined player who holds the ball up well, and links up well with the forward line. Eilidh has scored some cracking goals this season.

12. Sarah Caird - Sarah is a fit and rapid defender, who reads the game well. Sarah is a great hitter of the ball and her experience and maturity is valuable to her teammates.

15. Megan Ralph - Megan is a solid member of the midfield who delivers clever passes to the forward line. She is a skilful and supportive player who is not shy of a shot on goals. Megan will feel right at home on the Eilan.

16. Grace Fraser - The youngest member of the squad, Grace is a fit and hardy player. She is a solid hitter of the ball and has slotted in well to both defence and midfield.

17. Chloe Baikie - Chloe is another one of our young and upcoming players. She is a great tackler and has been an integral part of the defensive unit this season.

BADENOCH CAPTAIN- KIRSTY DEANS

It's a great honour to be captain this year. I'm so proud of the team this season, everyone has been working so hard and this has paid off in some great performances and we will continue to work hard to build towards the 3rd of September! We will going out to put 2019 behind us and we are excited to be playing Skye again. Skye are a very skilful and athletic team and we know they will provide a great challenge for us come cup final day!

SCOTT CAMPBELL – MANAGER

On behalf of Badnoch Ladies shinty club I would just like to say that we are absolutely delighted to be competing in the 2022 Valerie Fraser Camanachd Cup Final. It means a great deal to all involved at the club to get the chance to play in a third successive final, especially after the 2 year wait brought about by Covid. We are well aware of the obstacle that lies in our path and we have nothing but respect for the opposition. Hopefully another exciting, dynamic and skilful display of shinty will be on show today. We would just like to take the opportunity to wish Skye Camanachd ladies the very best of luck and may the best team win.



SKYE LADIES PLAYER PROFILES

1. Goalkeeper - Sarah-Jane Ferguson. SJ has been a great role model at the back leading the new younger players through the game. She's very calm, confident and great at reading the game.

2. Leah MacLeod. Leah is a hardworking, enthusiastic team player who loves nothing more than getting stuck into a good tackle, her high level of fitness has seen her transition effortlessly from up front to dominating at wing centre this season.

3. Christina 'Didi' MacDonald. Didi is an excellent, experienced defender who is an outstanding role model and leader for the younger players in defence. She's had a great season of solid performances.

4. Ruby MacLeod. Ruby continues to prove time and time again just how much of an asset she is in defence to the team, never one to shy away from tackle, always giving it her all - pity help anyone that gets in her way!

5. Donna MacKenzie. Donna has been an excellent asset to the team since joining. Determined and solid in midfield and defence and a secret weapon on the dust with an impressive eye for goal.

6. Holly MacLean. Holly is a fantastic asset to the squad, she reads the game well and is as cool as a cucumber. A versatile hard working player who can play confidently anywhere on the pitch and gets the job done.

7. Lexy MacLeod. Lexy is a newcomer to the squad, from playing in the garden she has consistently proven to be a keen, quick athletic player who isn't scared of a good tussle. She's fiery and won't be messed with.

8. Caitlin MacLean (Captain). Caitlin has been an exceptional captain for the new young squad this year. She's worked hard to organise teams and training. A very versatile, experienced player who adapts well to any position on the pitch but has shown impressive determination and skill in front of goal.

9. Jenna Beaton. Jenna has been a key player in the team year in year out. She has a great eye for goals and has scored important goals this season. Her enthusiasm on and off the pitch spurs everyone along.

10. Ilana Paterson. Ilana has played a pivotal role in midfield this season with her strength, fitness and strong hitting. Always working hard and covering the ground to assist in midfield and defence.

11. Catherine Robertson. Catherine is a wee terrier, she keeps her head down, works hard and gets on with the job in hand. A very reliable, skilled and versatile player who is as comfortable hitting the back of the net as she is holding rank at full centre.

14. Sadie MacDonald. This is Sadie 1st full season with the ladies team, she's been catapulted straight into the first team. She's taken in her stride with her positive, laid back attitude. She's proven herself as a solid, strong and reliable all rounder and an asset to the team.

15. Teri MacLeod. The youngest player on the team who is a skillful and determined player. It's Teri's 1st year playing for the ladies team, and she has been a quick to learn and a real asset to the team. She is always a threat up front.

19 Rhianna Kirk (Vice Captain). Rhianna is an enthusiastic, hard working and skilled player who is fiercely competitive with an enviable level of fitness. Never one to give in, Rhianna is relentless in a tackle, strong in midfield and always has her eyes on the goals!

21 Molly Mackinnon. Molly is a Valerie Fraser veteran, in spite her young age. Cool under pressure, skillful and determined and whether she's attacking or defending she's no push over - she's feisty!

SKYE CAPTAIN - CAITLIN MACLEAN

I have thoroughly enjoyed playing with this group of girls this year. Having not played for the last 2 seasons it has given some of the younger players the opportunity to come up into the first team and they have worked hard to prove themselves to be worthy of a spot. There is so much potential in this team and if we continue to work hard and stick together this will be the team to watch over the next few years.

JENNA BEATON - SKYE PLAYER/MANAGER

It's been a tough year getting back into competitive shinty after the last couple of years. We have worked hard to provide the younger players with as much game time and opportunities to play as possible. We've had many players joining from primary school level into competitive shinty and they have really impressed everyone with their confidence in that transition. It's not been an easy year but seeing all the young players coming through the ranks and giving it their all is really inspiring and having them in the squad for their first of many Valerie Fraser finals is testament to the ladies hard work and resilience over the last few years.

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For development information contact Shinty Development Officer, Katie Drain, on: **katie.drain@shinty.com / 07834 522260.**