

Shinty Helmet & Faceguard compliance

The wearing of Helmets and Faceguards has become a crucial part of the future development of the sport. Compulsory wearing of Helmets was introduced in Shinty at U14 level in 2007 and then extended to U17 in 2013. A proposal to phase this into senior Shinty a year at a time in 2016 was not possible due to Age Discrimination Laws.

CA Bye Law 4 was updated in 2018 due to new international guidelines for Helmets and clarity on the faceguard spacing was also included.

A proposal by GlenUrquhart Shinty Club was submitted and passed to the Annual General Meeting in November 2020

1.4.4: With only the exceptions noted below -Any person participating in Camanachd Association competitions must wear a helmet and face-guard which is compliant with the specifications noted below.

Any breach of the rule will result in an individual not being allowed to participate by the Official(s) in charge of the game until a compliant helmet and/ or face- guard is provided.

Helmets and face- guards shall be certified as fit for purpose. The Camanachd Association approved helmet and face- guard meets the requirements of European Council Regulation (EU) 2016/425 and Safety standard IS :355 "Personal Protective Equipment " Article 10.

Any helmet and face-guard must meet these standards which are designed such that they prevent the passage of a struck shinty ball or swung standard caman through the guard. (Maximum grid size of 60mm horizontal x 28mm vertical)

Helmets must be secured by a chin strap.

Helmets and face guards must be free from any sharp edges and or projections.

Exceptions to this Rule:

First Shinty competitions when different camans and balls are in use.

When an individual opts not to wear **an approved** helmet and/or face-guard and has signed a Liability Waiver prior to the start of the shinty playing season. **(For the avoidance of doubt:- any player who seeks a waiver will still be permitted to use any protective head gear to which they are accustomed provided that it has a chin strap and is free from sharp edges and /or projections. This will include helmets without visors and helmets with wide gap face guards.)**

Players who have graduated through from the youth game are expected to continue to wear a Helmet/Faceguard.

It shall be a specific disciplinary offence for a player to represent directly or indirectly that they have signed and registered a Liability Waiver if they have not in fact done so.

1.4.4 b) An approved Helmet and Faceguard will become mandatory for all players in shinty on 1st January 2030.



At this time, the only company that produce and supply compliant Helmets and Faceguards are Mycro Sports. A promotion with special discount was agreed and is copied below.

O'Neill's in Ireland were approached on a number of occasions to supply a Shinty compliant Faceguard to fit their compliant Helmets but as of March 2021 they have decided not to proceed.

Response from Mycro regarding hygiene guidelines for Helmets/Faceguards:
No sharing of Helmets/Faceguards within sessions and they should be cleaned after each session.

Cleaning with Anti-Bacterial sprays and wipes. Mycro use Flash Spray which dries quickly. (Other similar brands are available!)

They have been advised that the virus is not able to live beyond 72 hours.

MYCRO
Mycro Sportsgear Ltd.



Special Deal

**Mycro Helmets with approved Shinty
Faceguards**

€50 per helmet

€45 per helmet for bulk order of 20.

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