



***SHINTY / SCOTLAND'S COMMUNITY SPORT***



# PLAYER PATHWAY

## PLAY TO LEARN

Primary 1 - 3  
4 v 4 multi game

Primary 4 - 5  
6 v 6

Primary 6 - 7  
6 v 6 / 8 v 8 / 10 v 10

## LEARN TO COMPETE

Under 14  
12 v 12

Under 17  
12 v 12

## COMPETE TO WIN

Adult  
12 v 12

## WIN BY GIVING BACK

Officiating & Volunteering

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	Play to Learn			Learn to Compete		Compete to win
<b>Year Group</b>	P1-3	P4-5	P6-7	U14	U17	Adult
<b>Max format</b>	4v4	6v6	10v10	12v12	12v12	12v12
<b>Suggested Squad Size</b>	6	8	13	15	15	15
<b>Ball Size</b> FS(First Shinty) DB(Development Ball) LB(Leather Ball)	FS	FS/DB/LB	FS (Indoor) LB (Outdoor)	LB	LB	LB
<b>Offside</b>	X	X	Yes	Yes	Yes	Yes
<b>Shie</b>	X	X	Yes	Yes	Yes	Yes
<b>Goal-hit line (after 5 goals). Losing team able to take goal-hit from penalty spot if they wish.</b>	Yes	Yes	Yes	X	X	X
<b>Substitutions</b>	Rolling	Rolling	Rolling	Rolling	Rolling	Rolling
<b>Recommended Game Length</b>	10 Mins (4 games)	10 Mins (6 games)	2 x 30 Mins	2 x 35 Mins	2 x 40 Mins	2 x 45 Mins
<b>Trophy/Results</b>	X	X	Yes	Yes	Yes	Yes
<b>Max Pitch Dimensions</b>	14x30M	35x60M	70x100M (Max) 37x55M (Min)	73x128M (Max) 55x83M (Min)	73 x 155m (Max) 55 x 100m (Min)	73 x 155m (Unisex) 73 x 118m (Women's)
<b>Max Goal Dimensions</b>	1.55m wide x 0.91m high.	2.44m wide x 2.44m high.	2.44m wide x 2.44m high.	3.66m wide x 2.44m high.	3.66m wide x 2.44m high	3.66m wide x 3.05m high (Unisex) 3.66m wide x 2.44m high (Women's)

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